



Complex Disease Management

at Tanner Health System

Tanner Health System now offers complex disease management services to help patients and their families manage the symptoms, pain and stress of a serious disease. Taking a team approach, we help patients better understand their treatment options, and spend extensive time talking through their needs and decision-making processes.

A team of doctors, nurses, social workers and other specialists work together to provide an extra layer of patient support. It's appropriate at any age and at any stage in a serious illness. Complex disease management is provided alongside curative treatment.

This type of care supports patients and families faced with complex situations, including medical, social, psychological or spiritual.

Examples of care interventions

Tanner's Complex Disease Management teams can help patients and their families:

- Better understand their disease and treatment options
- Weigh risks vs. benefits of treatments or procedures
- Navigate dynamic transitions (e.g., nursing home, hospice, DNR, comfort care)
- Clarify and define surrogate decision makers or next of kin
- Educate and facilitate advanced care planning: Hope and work toward the best but have a plan for the worst

Who benefits from complex disease management?

All patients living with a serious disease, regardless of their age or the stage of their disease, can benefit from the palliative services of Tanner's Complex Disease Management program. Often, we find the need for this extra support in patients who are living with:

- Cancer
- Neurological diseases (e.g., ALS, Parkinson's)
- Kidney or liver failure
- Lung disease or emphysema
- Congestive heart failure
- Chronic obstructive pulmonary disease (COPD)
- Dementia

To learn more about Tanner Complex Disease Management, please visit www.TannerPalliativeCare.org or contact:

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